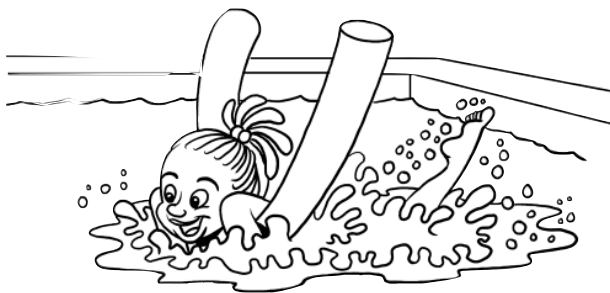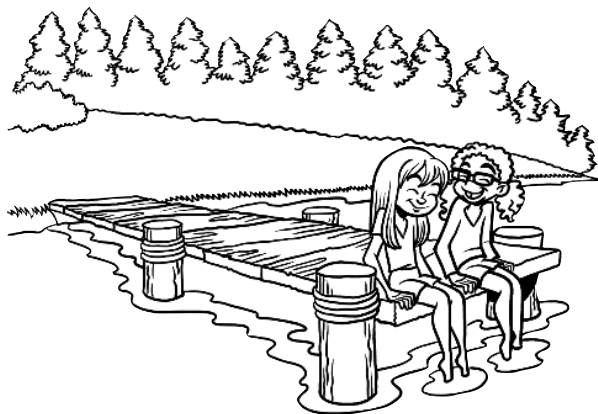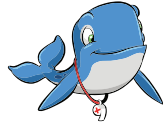# What Is a Buddy?

Name: _____

Color the pictures that show buddies. Put an X on each picture that does NOT show a buddy.
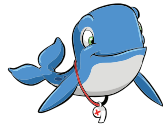
Think Before You Jump In

Name: _____

Color the following objects that could be harmful for swimmers:

sea urchin   jellyfish   broken glass   sharp objects   patch of weeds   rocks
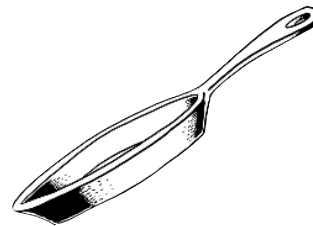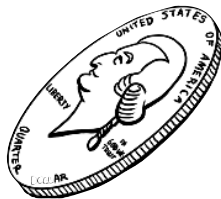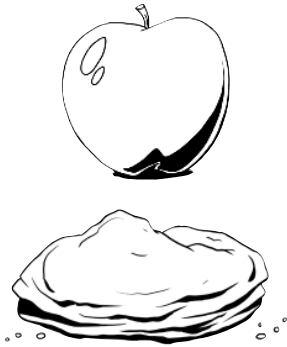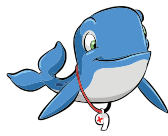
stingray   eel

Find a Float

Name: _____

Look at each drawing and put a check mark next to it if you think it will float and an X if you think it will sink.

Write about why you think some objects float and some sink.
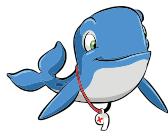
_____

_____

_____

_____

Reach Out and Help

Name: _____

How many things can you see that could be used to reach out to the person in the water? Color each item that could be used for a reaching assist.
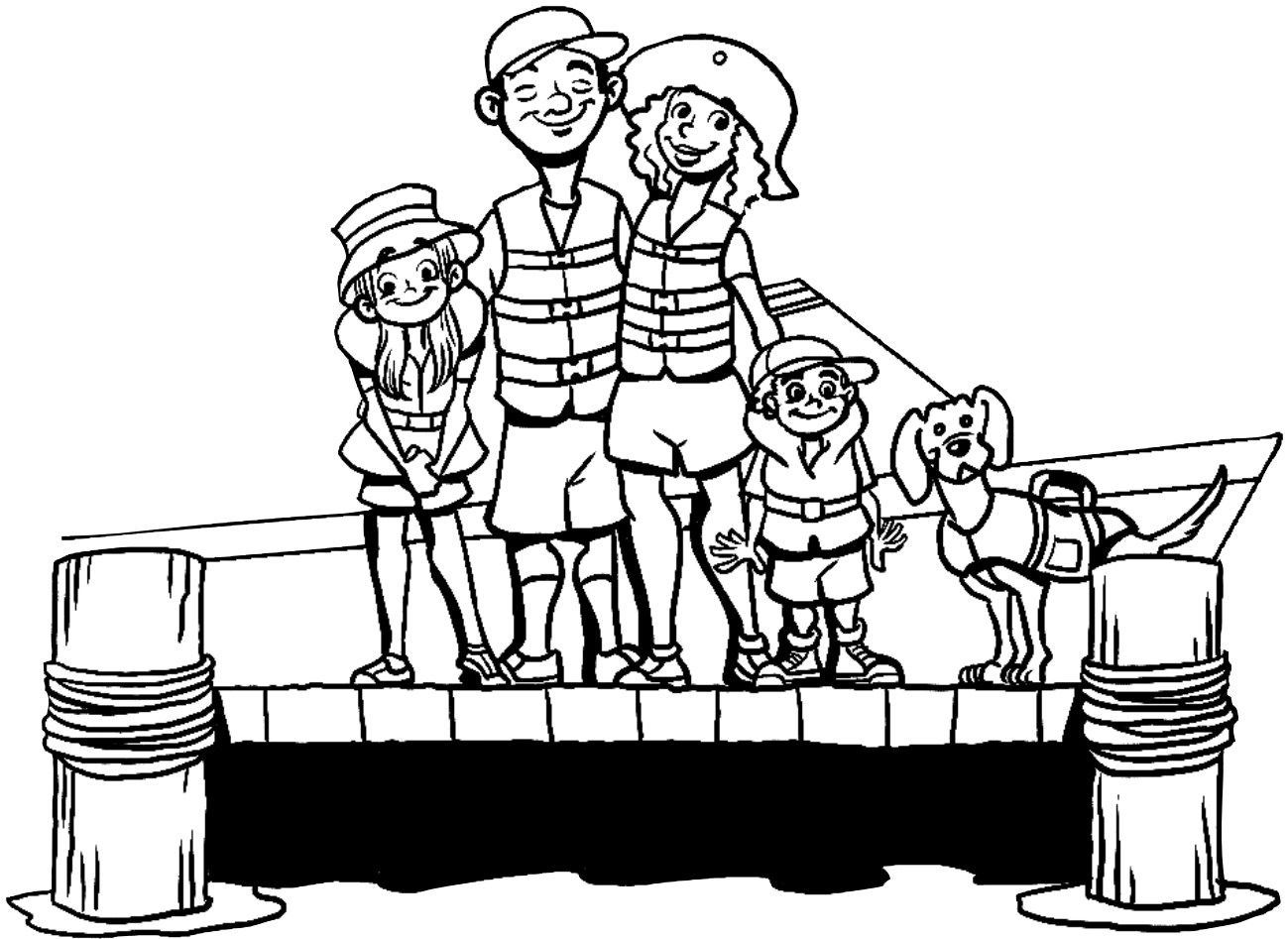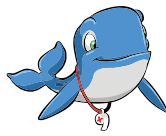
What Color Is Your Life Jacket?

Name: _____

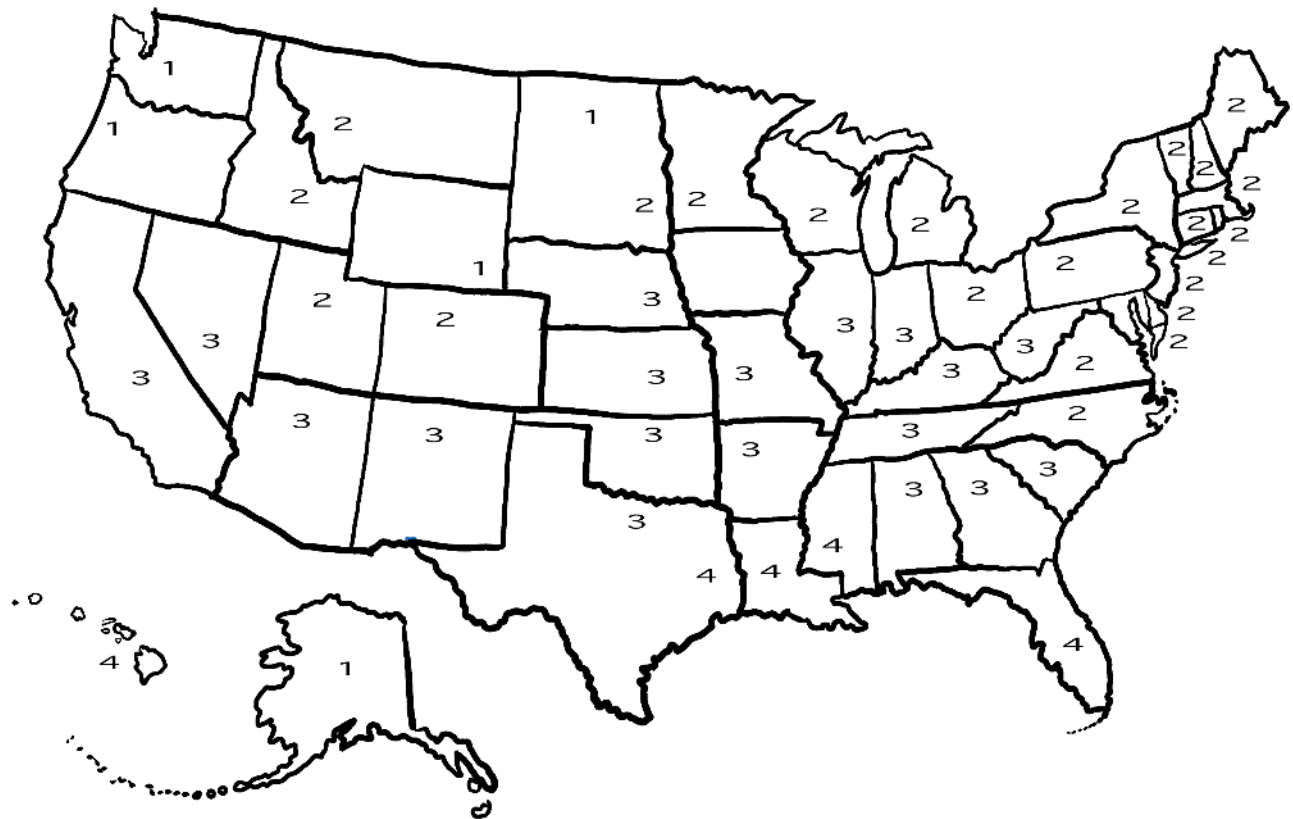**Color the life jackets in the picture.**
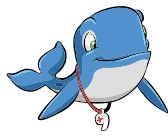
UV Map of the United States

Name: _____

Color by number to see what the UV index was across the United States one day last September. Look at the number in each state. Look at the key at the top of the map. Color each state in the correct color.

Key

1 = Green

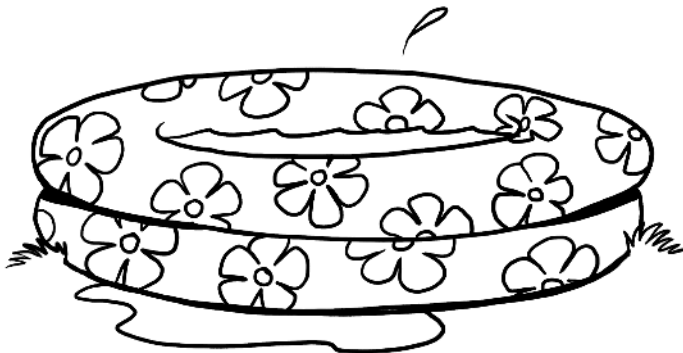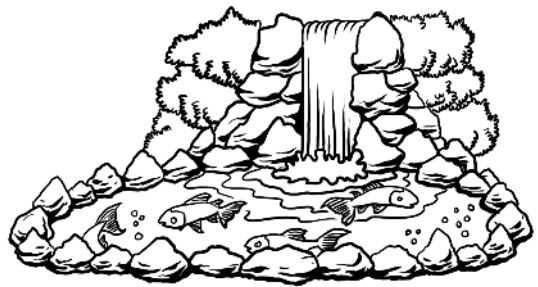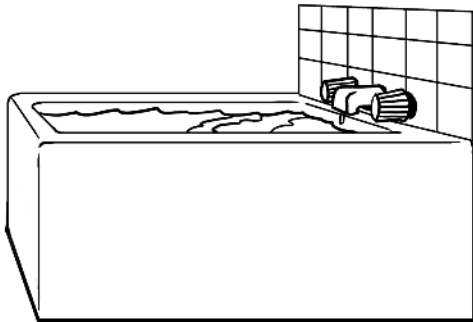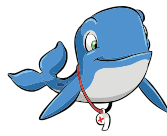2 = Yellow

3 = Orange

4 = Red

Find the Water Hazards in the House and Yard

Name: _____

Circle the drawings that show a situation in which water could be a danger to a small child.

Planning the Perfect Day

Name: _____

Complete the statement by checking all answers that apply.

I would like to spend a day at a:	☐ Waterpark. ☐ Waterfront—ocean. ☐ Waterfront—lake. ☐ Waterfront—river.
I would like to go there because it has:	☐ Waves. ☐ Sand. ☐ Sun. ☐ A playground. ☐ Slides. ☐ Food. ☐ Friends. ☐ Lifeguards.
When I go, I should take:	☐ Swimsuits. ☐ Shoes. ☐ Sunscreen. ☐ A cover-up. ☐ A wide-brim hat. ☐ Sunglasses. ☐ A towel. ☐ Snacks. ☐ Water. ☐ Toys, such as a ball, Frisbee and sand buckets. ☐ A first aid kit.
This would be my first time to:	☐ Be in water that has waves. ☐ Be in water that has a current. ☐ Be in water where I cannot see the bottom. ☐ Be in water where the bottom is soft. ☐ Go down a slide that makes me end up in the water.
Some of the things that will help me be safe are:	☐ My parent(s). ☐ Lifeguards. ☐ A life jacket. ☐ Rules. ☐ Procedures.
Some things I should know to help me stay safe are:	☐ How to swim well. ☐ How to get help if I get separated from my group. ☐ Where to go if I get separated from my group. ☐ How to ride each ride properly. ☐ What the water is like (will it move, is it deep?) ☐ What happens on the ride (do I sit on a raft, do I go fast, is there a drop at the end?)